Key facts about mental health research funding in Canada

Funding for mental health research has not increased over the last 5 years

144.6 million CAD is spent on mental health research each year (mean from 2015-2019)

Mental health research grants in Canada are much smaller than in other countries

12x smaller than in the United States
8x smaller than in the United Kingdom
7x smaller than in Australia & New Zealand
1.5x smaller than in low- and middle-income countries

10% of grants are worth less than 10,000 USD

The morbidity burden of mental illness is far greater than its share of research funding

3x less funding than expected

Share of years lived with disability caused by mental illness

% research spending by condition

- Depression: 9.0%
- Substance use and dependence: 8.6%
- Autism spectrum disorders: 6.8%

This datasheet is derived from ‘The Inequities of Mental Health Research Funding’ report from the IAMHRF, accessible here: cutt.ly/iamhrfreport. The report is accompanied by a paper in the Lancet Psychiatry: https://cutt.ly/LlcAsmN

International Alliance of Mental Health Research Funders